

***Nancy Krtek, MSW, RSW, CSW***

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NMT Seminars  
POB 67  
Hermiston, OR 97838

To Whom It May Concern:

*Generalist Practitioner*  
*EMDR Clinician*

*OCSWSSW Member*  
*OASW Member*  
*NASW Member*  
*EMDRIA Member*

*Counselling Services:*  
*Adult*  
*Child*  
*Adolescent*  
*Individual*  
*Family*  
*Group*  
*Peer Consultation*

*Specializing:*  
*Health*  
*Mental Health*  
*Disabilities*

My Name is Nancy Robin Orlikowski-Krtek, LCSW, MSW, RSW. I am a psychotherapist licensed in New York State and Ontario, Canada; specializing in trauma, working part-time in a private practice in Ontario, Canada; and also as an adjunct professor at Niagara University in Lewiston, New York. I also work full-time at a teaching hospital in Buffalo, New York.

I am an advanced level trained Neuro Modulation Technique (NMT) practitioner, who has applied this technique to my psychotherapy clients. As a trauma therapist, I see the full manifestation of psychological/emotional turmoil in my clients lives resulting not only in mental health but also physiological discomfort, pain and chronic illness. It is for these reasons that I have personally and professionally gravitated toward the use and implementation of NMT as a primary treatment focus, as taught by the NMT Seminar Manual. I can attest to the fact that this method works very efficiently and more rapidly than other treatment interventions, when applied as taught via the NMT seminars.

Some (to name only a few) of the types of client issues I have dealt with are chronic life long constipation or incontinence issues that NMT has cleared up within one to two sessions. I have also worked with Spinal stenosis and alleviation of a lot of insidious pain after one NMT session. I also have a chronic Post Traumatic Stress Disorder patient, who has reoriented back into society and continues to develop a quality of life where she is successfully attending a post secondary school, experiencing success with an intimate significant relationship and actually able to get out of the house and travel, etc. as a result of NMT. She is actually able to recognize and convey how much better she is coping as well as feeling. I also work with anxiety disorders concurrent with the implementation of NMT; I have helped clients develop consistent sleep patterns as well as increased confidence. There are numerous medical and/or psychological issues, which patients come to see me for. These patients have experienced much relief through the results of treatment interventions via the implementation of NMT.

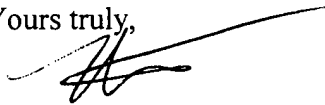
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Statement # 33

I recently had a patient come for her third bout with breast cancer. After only a few NMT treatments her heavy metal blood level toxicity had come down to levels below her usual high initial base line levels. These levels were monitored since her initial cancer diagnosis about eight years ago.

I cannot stress enough the usefulness in treating patients with NMT within my psychotherapy practice and at such an expedient rate over more traditional treatment interventions, which have merely been band-aids, compared to the results seen with NMT.

Please feel free to contact me at the above address and/or phone number if you require any further information. Remaining...

Yours truly,

A handwritten signature in black ink, appearing to read 'Nancy R. Orlikowski-Krtek', with a long, sweeping horizontal line extending to the right.

Nancy R. Orlikowski-Krtek, LCSW, MSW, RSW